

Aiming your Shot

This is a key component in the golf swing. Too many of you are ready, swing & AIM. Oops, too late. Most of you have pretty good swings but your aim, well quite frankly, stinks. How many times have you hit a shot that felt great and it ended up 50 yards right of target? Then you look at your aim and that is exactly where you were aimed. OR you say I have it at the range but can't get to the course? Cuz' you don't really aim at the range either.

So picture a set of railroad tracks. The right track (for the right handed golfer) is for the golf club. This is important as that is what is hitting the golf club so IT MUST BE AIMED where you are hitting to. Be sure to aim the club head first then arrange your body to that line.



The left track is for your body. This is where your shoulders, hip, knees and feet are aimed on. They are what we call “parallel left” of target. Because we are binocular in our vision we will feel as if we are aimed more left than we actually are. A 9 iron will feel as if you are aimed 5-7 yards left of target and a driving as if you are 10 yards left of target. Just make sure that your club is aimed where you wish.

To aid in this alignment we use a spot aim. Pick something in front of the golf ball, 2 to 3 feet, a tee or divot to aim the bottom edge of the club at. Then arrange your body parallel to this right track.

A common mistake with most of you are that you aim too far right of target. Then you spend the whole swing making compensations to get the golf ball started back on line or LEFT of target.

So use the spot in front of you, aim that bottom edge of the club and then arrange your body parallel to that target line.

Questions? See Greg, Norm or Scott at Waverly Golf.

More info at www.youtube.com/g3golf